



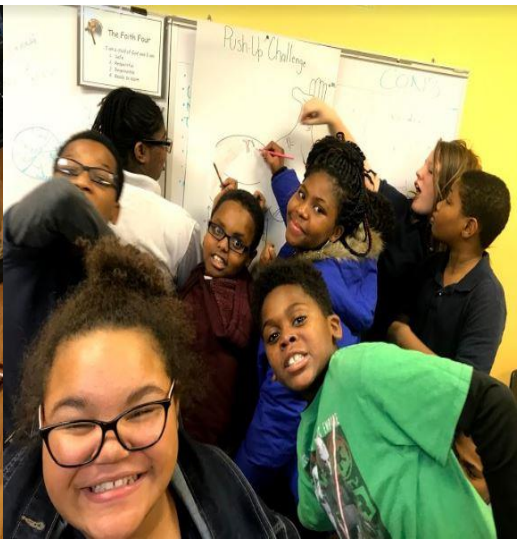
Franklin County  
Board of Commissioners

**JOB & FAMILY  
SERVICES**



# LEAD THE WAY

LEARNING ACADEMY



## JANUARY 2020 NEWSLETTER

Welcome back and happy New Year! We are excited to kick off a new year with the Mifflin Middle School family. We hope everyone had a safe and exciting holiday.

### **Important Reminders:**

**Early Release: Jan. 8**

**NO PROGRAMMING: Jan. 15**  
(Records Day)

**Field Trip: Jan. 22**  
(Wittenberg University)



Thank you to all the families, friends, and community members that were able to come out to our holiday game night. We all had a blast playing board games while enjoying holiday cookies and hot chocolate before winter break.



The Columbus Zoo and Aquarium was able to come out and share an incredible experience with us. Students were able to interact with several different types of animals including birds, wild cats, echidnas, bugs, skunks, and snakes. Our students engaged with the zookeepers and asked great questions.



Our fitness coach has been consistent with our students in reaching our fitness goals. This month we focused on the anatomy of the upper body. Students learned exercises that worked on building strength, played games that teach the importance of cooperation, and learned plenty of new vocabulary words. Another key factor to our fitness curriculum is healthy eating. At our last session students were able to make a healthy trail mix after completing their workout.





Get ready for our next college visit! Students will be exposed at an early age to college readiness practices that will follow them for years to come. Our next trip will be to Wittenberg University on January 22, 2020. Students will be picked up early from school, but will return to Faith Ministries to carry on with regularly scheduled programming and return home at their regular times that evening.



The upcoming month's curriculum will be focused on mental health awareness. We will approach issues regarding bullying, depression, and mindfulness. It is important to get rid of the stigma attached to these issues and open up a meaningful conversation amongst members of our community.





# HIGHLIGHTS FROM OUR HOLIDAY PARTY:

